

Behavioral Health Planning Council (BHPC):

The Behavioral Health Planning Council serves as an Advisory body to the Governor of New Mexico, the Legislature, and the Behavioral Health Collaborative (BHC). Members of the BHPC are appointed by the Governor; they include individuals with lived experience in behavioral health and substance abuse issues, family members, providers, advocates, Native American representatives, seniors, and state agencies. Representation from all geographic areas of the state is vital to the mission of the BHPC to ensure that all voices are heard in the discussion about services in New Mexico.



The BHPC has statutory subcommittees that allow for further participation by stakeholders around the state: Adult/Substance Abuse/Medicaid, Child and Adolescent, and Native American. These subcommittees focus on issues relevant to their membership and to the BHPC. The BHPC is required by federal and state law to oversee Federal Block Grants for Mental Health and Substance Abuse. The Council includes many subject matter experts in behavioral health and substance abuse, including prevention. Our members stand ready to assist in any way possible to serve New Mexico in developing policy, advising on services, educating our communities, and leading the charge for improved behavioral health and substance abuse/use services.

Behavioral Health Day at the New Mexico State Legislature

The BHPC hosts *Behavioral Health Day* at the Legislature each year in Santa Fe to bring our message to the State Capitol. New Mexicans come from around the state to celebrate the good things that are happening every day. *Behavioral Health STARS* are recognized for their impact in their communities; they are also introduced in the Legislature. In conjunction with *Behavioral Health Day*, a summit is presented to provide awareness and education pertaining to vital issues in the state. These events bring many people together to network, brainstorm, learn, and find collaboration that serves to improve the state of behavioral health in New Mexico. **Date for 2019 Is Wednesday, February 6th.**

Behavioral Health Planning Council Roster

2019

Collyer, Cindy	Consumer
Drake, Pamela	Advocate
Estrada, Michael	Criminal Justice State Agency
Falconer, Gail	Consumer
Hopper, Dean	PED State Agency
Jackson-Bear, Jane	Family Member/Native American Rep.
Kane, Carol	Family Member
Kane, Tim	Family Member
Kimble, Susie	Advocate
King, Alice	DVR State Agency
Luna-Anderson, Carol	Family Member
Melendrez, Sandtina	Family Member
Morrison, Kendra	Family Member
Nielsen, Jacqueline	HSD/BHSD State Agency
Passikoff, Nancy	Advocate
Tom, Robinson	Consumer/Native American Rep
Iverson, Alicia	CYFD State Agency
McKnight, Maya	CYFD State Agency
Trujillo, Lisa	Family Member

Subcommittee Overview

Subcommittee	Purpose of Subcommittee	Main Areas of Focus
Adult, Substance Abuse, and Medicaid (ASAM)	<p>The ASAM is a combined subcommittee that makes recommendations, educates and advises the Council regarding behavioral health treatment, prevention, and recovery service delivery for the citizens of NM.</p>	<p>Accomplishments:</p> <ul style="list-style-type: none"> • Behavioral Health Day • Certified Peer Support Workers (PSW) Movement • Naloxone Distribution and Education • Expansion of Medicaid Billing • Collaboration with MCOs <p>Needs:</p> <ul style="list-style-type: none"> • Prevention and Harm Reduction Services • Excise Tax on Alcohol for Service Delivery Expansion • Detox Facility Expansion • Housing to Include: Transportation, Affordability, Access, Employment and Funding
Child and Adolescent (CASC)	<p>The purpose of the CASC is to help improve the quality of life for our children, adolescents, and family members. To achieve this, we create a safe environment where their concerns are affirmed, their voices are represented, and their needs inform action steps.</p>	<p>In SFY 2019, CASC's main areas of focus include:</p> <ol style="list-style-type: none"> 1. Sustaining youth behavioral health services through the development of youth drop-in service centers; 2. Reviewing and analyzing CYFD's current telephone child abuse reporting system (#SAFE) to make recommendations to improve the effectiveness of reporting cases; and 3. Expanding the definition of family supports to include grandparents who may be giving care to children and youth with behavioral health issues, and to create services and supports to educate and support them

**Native
American
(NASC)**

Collaborate, communicate, and coordinate behavioral health issues and concerns specific to NM tribal communities, to provide the opportunity to exchange information and resources to benefit all communities, and to bring interested parties together, to include health providers, to meet one another in hopes of strengthening unified goals for cultural, traditional and community appropriate responses to serve their needs.

Increase community outreach through prevention and awareness training; address behavioral health concerns; holistic and traditional approaches used in recovery and prevention. In addition to western medicine, address sensitive issues that are often not openly talked about and have dialogue on it, and creating a safe and comfortable environment.

Accomplishments of the Behavioral Health Planning Council

We have advised or continue to advise on:

- Substance Abuse and Mental Health Services Administration (SAMHSA) Grant Reviews
- Opioid Addiction and Prevention Initiatives
- School-Based Health Centers
- Community Mental Health Services Block Grant
- Substance Abuse Prevention and Treatment Block Grant
- Substance Abuse Prevention Strategic Framework State Incentive Grant
- Screening, Brief Intervention, Referral and Treatment Grant
- Access to Recovery
- Co-occurring State Incentive Grant
- Total Community Approach
- Fiscal Year Strategic Priorities
- Fiscal Year Legislative Priorities
- Sandoval County Jail Diversion Project

- Children and Adult Systems of Care
- Comprehensive Community Support Services (CCSS)
- Medicaid Cost Containment
- Medication Fund
- Anti-stigma campaign

In addition, we also represent not only the Collaborative but also the State in various arenas.

Senate and House Memorials

- Quality Service Review (QSR)
- Core Service Agency (CSA) Implementation Workgroup
- Supportive Housing
- Children Youth and Family Involvement Guidelines
- Medicaid Advisory Committee (MAC)
- NM Health Councils

Housing:

- Supportive, long-term housing for individuals with behavioral health and substance abuse issues

Prevention:

- **Substance Abuse/Use:** Underage and young adult issues with alcohol consumption, drinking and driving (all ages), prescription drug misuse-safe storage and disposal education, opioid use/prevention and suicide prevention, environmental strategies, e.g. alcohol excise tax, direct services with youth and families, e.g. Strengthening Families or the Botvin Life Skills program.
- **Suicide:** American Indian Life Skills curriculum

Mental Illness early intervention

- Implementation of evidence-based strategies that include, equitable access to behavioral health counselors, services and resources in all schools K-12.

Other:

- Harm Reduction
- Integrated care
- Detox and follow-up care
- Expanded peer support programs
- Stigma reduction
- Veterans services
- Youth Drop-in Centers and Support
- LADAC- independent providers (able to bill without affiliation with another provider)
- Licensing issues (reciprocal licensing and length of time to transfer license from another state)
- Funding and support for Local Collaboratives
- Revised vetting system for BHPC members (many with lived experience have issues in their past that have disqualified them from appointment)
- BHPC representative as a member of the BH Collaborative

BHPC Partnerships:

Managed Care Organization Partnerships: The BHPC has worked steadily with the MCOs in New Mexico to ensure that the voices of consumers are heard in all areas of the state. This has included recovery events throughout the state in conjunction with local organizations.



NEW MEXICO BEHAVIORAL HEALTH PLANNING COUNCIL

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Document prepared for the BHPC, by A. Romero with Well-Start Solutions, LLC (2018)