

POSITIVE PEER ~ Robert Egan, MFW, CPSW

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Twenty three years ago Robert Egan would never have imagined he would have a string of letters after his name and that the task of staying sober would not only be a job requirement but an honor. Today, Robert is a problem solver and his biggest reward as the Recovery Support Supervisor Assistant for BC/BS, is helping others become problem solvers too.

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Before getting sober through AA, Robert was pretty much illiterate. He was pushed through the school system barely knowing how to read or write. The process and challenge of writing through his 12 step program made him realize he needed to go back to school. A supportive wife and a wise sponsor helped him get over his fear. Now, with a masters degree in social work and a certification in peers support recovery, Robert is right where he needs to be to share his own wisdoms.

Part of his current job is working together with the care coordinators at a detention center to create a road map for other detention centers. While pioneering new processes like this requires him to be a leader, his biggest reward is helping others as a peer and staying committed to working his program. “It’s the real work of sobriety that keeps me sane so that I can be strong enough to give it away.”

“When I can manage my own triggers, I can help others do the same, especially young people and those fresh out of recovery. The first five years are the toughest but the struggles are worth it. I just want to give back what was so graciously given to me”.

Thank you Robert for being such a huge inspiration to us all and for the service, authenticity, and uplifting care you bring to your life and work.