

Recovery Communities of New Mexico



“STRONGER TOGETHER 2020”

September is National Recovery Month!

Our theme this year for New Mexico is “STRONGER TOGETHER 2020”. Each September, tens of thousands of prevention, treatment, and recovery programs and facilities around the country celebrate Recovery Month. They speak about the gains made by those in recovery and share their success stories with their neighbors, friends, and colleagues. In doing so, everyone helps to increase awareness and furthers a greater understanding about the diseases of mental and substance use disorders. Recovery Month also highlights the achievements of individuals who have reclaimed their lives in long-term recovery and honors the treatment and recovery service providers who make recovery possible. Recovery Month also promotes the message that recovery in all of its forms is possible and encourages citizens to take action to help expand and improve the availability of effective prevention, treatment, and recovery services for those in need.

If you are interested in hosting an event in your community, please complete the survey below.

<https://www.surveymonkey.com/r/recoverymonth2020info>

Celebrations are held yearly to educate all Americans that substance use treatment and mental health services can enable those with mental and substance use disorders to live healthy and rewarding lives. This observance celebrates the millions of Americans who are in recovery from mental and substance use disorders, reminding us that treatment is

effective and that people can and do recover. It also serves to help reduce the stigma and misconceptions that cloud public understanding of mental and substance use disorders, potentially discouraging others from seeking help. Now in its 31st year, Recovery Month celebrates the gains made by those in recovery, just as we celebrate improvements made by those who are managing other health conditions such as hypertension, diabetes, asthma, and heart disease. In past years New Mexico has made great strides in hosting events state-wide, let us continue to send the message that RECOVERY IS POSSIBLE!!!

Please follow us on Facebook @ Recovery Communities of New Mexico for event announcements.

If you are interested in hosting an event in your community, please complete the survey below.

<https://www.surveymonkey.com/r/recoverymonth2020info>